

SPA TREATMENT AT THE TOWN OF HISSAR

Situation

The health resort of Hissar is situated in the centre of Bulgaria, 160 km east of the capital of Bulgaria – Sofia.

Natural features

- Curative mineral water. There are 22 mineral springs with a total debit of 4000 l/min. and a temperature of 37-52 C. The mineral water is light, clear, colourless, flavourless and tasty. It is slightly mineralized, hypo- and hyper-thermal, with a predominance of hydro carbonic, sodium, sulphate and fluorine ions, as well as substantial amounts of radio radioactive gas.
- Climate: The climate is moderate continental with mild and warm winter. The average annual snow cover is 12 days. Spring comes early, summer is temperately hot with an average month temperature of 22 C. Autumn is warm and long lasting. Cloud coverage is low.

The town is ecologically clear. There are no industrial plants or factories in the region. It is rich in parks and green areas.

The medical programs are carried out in hotels “ Augusta “ and “ Hissar “.

- **Hotel “ Augusta “****** has an outdoor pool with mineral water, water bar and Jacuzzi, sport – recreation center with a rich variety of procedures and complex programs – aromatherapy, talasotherapy, Eastern massage technics. The hotel offers excellent opportunities for congress tourism. Works all year around.
- **Hotel “ Hissar “******. It has a spa center with water procedures, physiotherapy and solarium, an outdoor pool with mineral water. The hotel offers excellent opportunities for congress tourism and “ Green schools “. Works all year around.



Our offer for a spa treatment in Hissar

Day 1. Departure from **Sofia**. Arrival in Hissar. Accommodation at hotel **Augusta**. Sightseeing of Hissar. Dinner and overnight in the hotel.

Day 2 – Day 7. Days at rest with holding of a complex program with spa treatment and physiotherapy.

Day 8. Breakfast. Departure to **Plovdiv**. Visit **the Old Town, The Ethnographic museum, the church St. Constantine and Helen, the Amphitheatre** and other places of interest. Dinner in the restaurant **“Alafrangite”**. Overnight in Plovdiv.

Day 9. Breakfast. Departure to Sofia.

Package price: 595 euro/ for a group of 35-40 people/

The price includes:

- Luxurious bus during the whole trip;
- English speaking guide;
- 7 overnights on H/B in Hissar with a spa treatment program / it may be given optionally/;
- one overnight in Plovdiv on H/B;
- Sightseeing of Hissar and Plovdiv;
- Dinner in restaurant “Alafrangite “ in Plovdiv.

The price does not include the taxes of the visited museums and places of interest.



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